

Children's Programme (Under 12)

Focused treatment and support to give the very best start to a naturally healthy life

Duration – 6 months; Cost - £1000

This programme is "Clinician Recommended" following an Optimal Health Assessment which is not included in the Programme price.

Programme Clinical Lead – Wenche Johannessen – Healthcare Assistant and Phlebotomist; wenche@healthoptimising.co.uk

Our Health Optimising Programmes are bespoke and offer you guided support from an experienced Clinical Lead. Free access to our Clinician OnCall Acute Same Day Service is also included (please put the Hotline number - **020 3951 0457** - in your phone now) Programmes represent an average 20% saving over booking treatments individually.

INDICATION OF LEVEL OF SUPPORT INCLUDED

Your programme will be individualised based on your personal health picture. This is an example of what an average programme could look like to give you a guide as to the type and number of assessments and treatments which may be included.

Nutrition Consultation with Nutritional Team (x3)

The application of the science of nutrition to develop a specifically tailored nutritional plan and support for the promotion of optimum health and performance.

Well Mind Psychology (x4)

Supports you in reconnecting with your inner emotions and feelings to achieve positive emotional and mental wellbeing in a safe, caring, transformative and collaborative way.

Cranial Osteopathy (x4)

Uses a highly developed sense of touch to feel subtle changes of tension and tissue quality and to diagnose areas of strain or dysfunction. Self-regulation and release is then activated through gentle and restorative support to bring a state of balance.

Pulsed Plasma Light Therapy (x4)

Encourages self-regulation to quickly reduce the impact of the microorganisms which can cause stubborn infection.

The Rehabilitator using Papimi (x2)

The Rehabilitator's unique magnetic nano pulses stimulate the self-regulation of symptoms but also the deeper source of health problems identified at the cellular level.

TERMS & CONDITIONS

Programmes must be paid for at the time of booking and we are unable to offer refunds. Price excludes any additional Health Optimising assessments or treatments not listed, Laboratory Tests (blood/urine/stool/breath), Prescribed supplements/herbal medicines/homeopathy.